Coastal Together

Bacton Primary School	Horning Primary School	Cantley Primary School	Freethorpe Primary School	Mundesley Infant School	Mundesley Junior School	The Beacon SEMH Base
David Hopkins		Lucy Daisley-Cramp	Robbie Houghton Rosie Maunder	Abi Carter		

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Co-Chairs of Governors - Mike Blake & Steve Lunniss chairofgovs@coastaltogether.co.uk

'together aspire, together achieve, together we are stronger...'

May 2023

Dear Parents,

Thank you for your support



With the weather getting warmer and sunnier (I hope) this is a polite reminder regarding the need for your children to keep hydrated AND what is allowed and not allowed in school to help with this. The reason I am writing this letter is because we have seen an increase in drinks and snacks which are not deemed to be healthy and do not follow our guidance. The vast majority of parents are supporting this so apologies for the generalising content of this letter.

ONLY plain water is allowed in children's water bottles which they keep on their desk or in the classroom - this is to ensure that when any spillages occur, we are not left with stickiness on contaminated items. No squash or other concentrates are permitted. Children are allowed to bring other drinks (no cans or glass bottles) in their lunchboxes and only to be consumed at lunchtime.

As a school we also encourage healthy eating which is part of our curriculum, so please continue to support us with that by providing **ONLY** healthy snacks and food in lunch boxes. The occasional treat i.e. on a Friday is absolutely acceptable but not everyday.

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Again, thank you for your support

Simon Wakeman
Executive Head